

# Should the person with care needs attend the family meeting?

A key component of Our Family, Our Way is having the person with care needs attend and fully participate in the family meeting. Too often, their voice is missing or overlooked when deciding what's needed, wanted, and possible in the caregiving arrangement. We think this person's voice is important, maybe the most important! However if

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at the end of the family meeting, they should still have a voice in the

It's important to consider how you can still ensure the voice of the person with care needs is heard and included when determining what's needed, wanted, and possible in the care and support arrangement. One way to do this is by asking them some open-ended questions prior to your family meeting and then sharing their answers during the meeting.

For example, you could ask:

- What's important to you when it comes to bathing?
- What are your favorite and least favorite foods?
- When do you like to get up in the morning and go to bed each night?
- How often do you like to have visitors?

By having the person with care needs answer questions about their preferences for their own care and support and using their responses to guide your family's care and support plan, you can help ensure your arrangement includes their voice.

To assist you in this, we have developed a resource called ***All About Me*** that is available on the Our Family, Our Way website.

To learn more and to access our tools and resources for caregiving families, visit the Our Family, Our Way website [\\_\\_\\_\\_\\_](#)